

CRANIOSACRAL THERAPY EDUCATIONAL TRUST (CTET) AND BREATH OF LIFE CONFERENCES COOKIE POLICY

To make our websites work properly, we sometimes place small data files called cookies on your device. It is common practice for websites to do this.

Cookies provided by the website you are visiting are named 'First Party' cookies and cookies provided by outside sources and services are named 'Third Party' cookies.

Each cookie expires after a certain period of time depending on what we use it for. 'Session' cookies expire at the end of your session (when you close your browser), whereas 'Persistent' cookies are allocated a lifespan so will be present on your device until either they expire, you delete the cookie individually, or you clear all your cookies.

By accepting our cookies you expressly consent to the use of cookies as described on this page as well as in our [Privacy Policy](#) and [Data Protection Policy](#).

We provide options for our visitors to change or withdraw their cookie consent. Please see the 'How to delete and control cookies' and 'Explanatory note' sections below.

We inform our visitors in plain language about the purpose of the cookies we use on our websites prior to setting anything other than strictly necessary cookies.

Please see below for details of the cookies we use on our websites.

Purpose of the cookies we use

In order to give you the best experience, we use cookies for the following purposes:

- To limit the amount of times the pop-up Newsletter sign-up form appears when you visit our site(s); so that it doesn't annoy our visitors. We use our own, 'first party', cookie for this purpose.
- To help analyse website traffic and usage. Third party, [Google Analytics](#) cookies enable us to see data about visitor usage on our websites. They allow us to count the number of visitors and to see how visitors move around the websites. This helps us to provide content and services which are of most interest and benefit to our visitors and to identify ways which we can improve our visitor's experience of our websites. Visitors to our websites logged by Google Analytics remain anonymous to us.
- To enable our online forms to work efficiently. So that our website visitors can contact us using a safe, reliable and trustworthy service we use a well-established third party named [Wufoo](#). Wufoo's 'third party' cookies are required for the forms to function correctly.
- To enable the playback of YouTube videos on our website(s) and to link through to YouTube from these videos. We embed videos using YouTube's privacy-enhanced mode. This mode may set cookies on your computer once you click on the embedded YouTube video, but YouTube will not store personally identifiable cookie information for playbacks of embedded videos using this mode.
- To save your Cookie Consent preferences.

The Cookies we use

We keep these details up to date with regularity but please be aware that the names of the cookies used by third parties may change from time to time:

Cranio.co.uk:

First party cookies

ck_glue_visit
cookieconsent_status

Third party - Google Analytics Cookies

_utma, _utmb, _utmc, _utmt, _utmz

Third party - Wufoo Cookies

JSESSIONID, SSID, SSLB, SSPV, SSRT, SSSC, ep201, ep202

Third party - YouTube Cookies

Variable, sets at least two which may include (but are not limited to): PREF, VISITOR_INFO1_LIVE. See 'Further information on the cookies we use' section below.

BreathOfLifeConference.co.uk:

First party cookies

cookie_notice_accepted

First party - Wordpress

Our Wordpress installation only sets cookies for our staff; hence beyond the scope of this document. Further information is available at https://codex.wordpress.org/WordPress_Cookies.

Third party - Google Analytics Cookies

_utma, _utmb, _utmc, _utmz

Cookies in detail

These are the full details of the cookies we use on our websites, including the name, description and lifespan of each. Please note that cookies may change name from time to time and cookies may be added or taken away. We endeavour to keep track of these changes, but should you find a cookie from visiting our website(s) which is not listed in this document then please let us know and we will take steps to ascertain and inform you of its purpose and duration.

Cranio.co.uk Newsletter Form Pop-up:

Cookie Name	Expiry Time	Cookie Description
ck_glue_visit	Session	Functional. Set to restrict the amount of times the Newsletter Form Pop-up window appears to our website visitors. Currently set to a maximum of twice.

Cranio.co.uk Cookie Consent:

Cookie Name	Expiry Time	Cookie Description
cookieconsent_status	1 year	Required. Sets a cookie to prevent the Cookie Consent notice from re-displaying once the button has been clicked by the visitor to the site.

BreathOfLifeConference.co.uk Cookie Consent:

Cookie Name	Expiry Time	Cookie Description
cookie_notice_accepted	1 month	Required. Sets a cookie to prevent the Cookie Consent notice from re-displaying once the button has been clicked by the visitor to breathoflifeconference.co.uk.

Google Analytics:

Cookie Name	Expiry Time	Cookie Description
__utma	2 years from set/update	Used to distinguish users and sessions. The cookie is created when the javascript library executes and no existing __utma cookies exists. The cookie is updated every time data is sent to Google Analytics.
__utmb	30 mins from set/update	Used to determine new sessions/visits. The cookie is created when the javascript library executes and no existing __utmb cookies exists. The cookie is updated every time data is sent to Google Analytics.
__utmc	End of browser session	Not used in ga.js. Set for interoperability with urchin.js. Historically, this cookie operated in conjunction with the __utmb cookie to determine whether the user was in a new session/visit.
__utmt	10 minutes	Used to throttle request rate.
__utmz	6 months from set/update	Stores the traffic source or campaign that explains how the user reached your site. The cookie is created when the javascript library executes and is updated every time data is sent to Google Analytics.

YouTube (Google):

Cookie Name	Expiry Time	Cookie Description
PREF	8 months	Registers a unique ID that is used by Google to keep statistics of how the visitor uses YouTube videos across different websites.
VISITOR_INFO1_LIVE	8 months	Used to estimate the users' internet connection bandwidth.

Wufoo:

Cookie Name	Expiry Time	Cookie Description
ep201	30 minutes	Functional. Set by load balancer, user tracking for abuse and troubleshooting problems.
ep202	1 year	This cookie is used for signup source attribution, event stitching, and assigning visitors to experiments.
SSID	Session	Functionality. Set by Google components - such as the GDrive folder picker or ReCaptcha. They appear to identify the user's Google account. They are required for these components to function properly.
SSLB	Session	Functionality. Used for AB Testing.
SSPV	1 year	Functionality. Used for AB Testing.
SSRT	1 year	Functionality. Used for AB Testing.
SSSC	Session	Functionality. Used for AB Testing.
JSESSIONID	Session	Functional. Used to track and monitor system health.

Further Information on the cookies we use

For further information on the third-party cookies we use on our websites please see the following links:

Google (including YouTube)

<https://support.google.com/analytics/answer/6004245>

<https://policies.google.com/technologies/cookies>

<https://policies.google.com/technologies/partner-sites>

Wufoo

https://help.wufoo.com/articles/en_US/kb/About-the-Cookies-Wufoo-Uses

<https://goo.gl/f1SjLv>

How to delete and control cookies

To find out more about cookies, including how to see what cookies have been set, visit www.allaboutcookies.org or www.aboutcookies.org. You can delete any or all cookies that are already on your computer and you can set most browsers to prevent them from being placed. Please note that by deleting our first and third-party cookies or disabling future cookies you may not be able to access and/or use certain features of our websites.

The following links may help you to manage cookies on popular browsers:

- [Google Chrome](#)
- [Apple Safari](#)
- [Microsoft Edge](#)
- [Mozilla Firefox](#)
- [Microsoft Internet Explorer](#)
- [Opera](#)

Information relating to other browsers should be available on the browser developer's website.

For your convenience Google also offer a Google Analytics opt-out browser add-on, available from: <https://tools.google.com/dlpage/gaoptout>

Explanatory note

All information that you provide is held under the terms of the Data Protection Act 1998 and the General Data Protection Regulation, and is processed in accordance with CTET's Privacy Policy. We also reserve the right to update this policy as required in the future. You can contact us regarding cookies and ask us for help to change your contact preferences at any time by contacting the administrator as detailed below:

CTET Administrator
78 York Street, London W1H 1DP, UK
Tel: 07000 785778
Email: info@cranio.co.uk

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